

# Pneumonia symptoms<sup>1</sup>

**Common symptoms of pneumonia include a cough that may be dry, or could produce phlegm (thick mucus) that is yellow, green, brownish or bloodstained.**

**Other common symptoms include:**

- difficulty breathing: your breathing may be rapid and shallow and you may feel breathless, even when you are resting
- rapid heartbeat
- fever
- feeling generally unwell
- sweating and shivering
- loss of appetite
- pain in your chest

**Less common symptoms of pneumonia can include:**

- coughing up blood (haemoptysis)
- headaches
- fatigue
- nausea
- vomiting
- wheezing
- pain in your joints and muscles
- feeling confused and disorientated (particularly in elderly people)

The information provided reflects the current NHS Choices recommendations.<sup>1</sup> If you have any health concerns please consult your doctor, nurse or pharmacist for further information.

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**Reference:**

1. NHS Choices, Pneumonia, Symptoms. <http://www.nhs.uk/Conditions/Pneumonia/Pages/Symptoms.aspx> Accessed 13 February 2013  
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