

SERVICES PROVIDED UNDER PRIMARY CARE MEDICAL SERVICES

MATERNITY CARE All the doctors work closely with you and your midwife during pregnancy. We will respect your wishes about the kind of antenatal care and birth you would like, and do everything to make it possible.

CONTRACEPTION Advice about all methods of contraception and safe sex is available from doctors and practice nurses.

EMERGENCY CONTRACEPTION (e.g. the “morning after pill”) is a completely confidential service for people of all ages - just make an urgent appointment with your doctor or nurse.

CHILD DEVELOPMENT CHECKS These are organised by the Health Visitor Team.
Tel 0845 6880248

MINOR SURGERY All the doctors are able to do certain operations in the surgery. Please see your doctor first.

CHRONIC DISEASE MANAGEMENT Patients with asthma, diabetes, heart conditions and respiratory conditions will be offered annual appointments for review.

DISABLED FACILITIES Southernhay House Surgery has wheel chair access and disabled toilet facilities with limited public parking outside. Wheel-chair access and disabled facilities are available at our Branch Surgery; parking is also easier there.

ANY HEARING PROBLEMS
For people with a hearing aid there is a loop system in each reception area

SOUTHELP is our patient support group. They offer transport, visiting, sitting, advice and information. Please contact **Susan Price**, co-ordinator.

Tel 464477

PRACTICE AREA - We accept new patients from within the Exeter city boundary.

NEW PATIENTS that wish to register with the practice need to go to either surgery reception and collect registration forms. You will be registered with the practice and will be able to see any of the Doctors.

OTHER INFORMATION

COMPUTERS We are a fully computerised practice, which helps us to work efficiently. Access to this information is carefully restricted to maintain patient confidentiality.

HOW WE USE YOUR INFORMATION Your Doctor and other health professionals caring for you, keep records about your health and any treatment and care that you receive from the NHS. Your records are used to ensure your Doctor has accurate and up-to-date information to assess your health and decide what care you need. Everyone working for the NHS has a legal duty to keep information about you confidential. We will only ever pass on information about you if others involved in your care have a genuine need for it. We will not disclose your information to third parties without your permission unless there are exceptional circumstances. For more information, ask Reception for a copy of ***'How We Use Your Information'*** leaflet.

The practice is contracted by **NHS England** to provide medical services and any details of these services can be obtained from them.

**NHS England
Peninsula House
Kingsmill Road
Saltash
Cornwall
PL12 6LE**

Tel: 0300 311 22 33

*Southernhay House Surgery
30 Barnfield Road,
Exeter EX1 1RX*

*Branch Surgery
10 Whipton Village Road
Whipton
Exeter EX4 8AR*

www.southernhayhousesurgery.co.uk

DOCTORS

Benedict Leger

MB ChB (Manchester 1984) BSc MRCGP(UK)

Peter Bates

BSc MB BS (London 1992) MRCP (UK) MRCGP

Ruth Knowles

MB ChB (Manchester 1978) MRCGP MRCP
(Paeds) DCH

Jason Fearn-Smith

BSc (Hons) PCGE MB ChB (Leicester 1999)
DRCOG DFFP MRCGP MSc

Practice Manager

Cindy Flatt

VISITS AND ENQUIRIES **Tel 211266**

APPOINTMENTS during office hours **Tel 211266**

Monday to Friday

8.30am - 6.00pm

Monday—Thursday

Pre-booked Appointments 6.30pm-7.15pm

BRANCH SURGERY **Tel 211266**

IN AN EMERGENCY – OFFICE HOURS

Tel 211266

OUT OF OFFICE HOURS

Tel 0845 6710 270 (Evenings and weekends)

**WELCOME TO SOUTHERNHAY HOUSE &
WHIPTON BRANCH SURGERY**

TO SEE YOUR DOCTOR

APPOINTMENTS You can make an appointment by telephone or in person. **Routine appointments** are usually for 10 minutes. **Tel 211266**

Evening Appointments—See opening times

Urgent problems A small number of appointments are available each day for problems which are genuinely urgent. Please speak to reception. Tel 211266

HOME VISITS If you are too ill to come to the surgery and need a home visit, please try and telephone before 10.30am. Be prepared to give full name & a brief outline of the problem to the receptionist.

Remember that house visits are only for the very ill or infirm. We have better facilities at the surgery and the Doctor can see six patients here during the time taken for one home visit.

Tel 211266

OUT OF HOURS

In the evenings, at weekends and on bank holidays you will need to call "Devon Doctors on Call" message handling service who will take a message for you. The doctor on call will then telephone you as soon as it is possible. NHS Devon is responsible for commissioning this service. **Tel 0845 6710270**

If you make an appointment to see the Doctor or the Nurse it is your responsibility to keep that appointment and if you cannot attend please cancel it. If you do not it means wasted time for the practitioner.

The Practice has zero tolerance of abusive behaviour. If we do have a potentially violent patient, arrangements will be made for them to be seen at alternative premises where NHS Devon has commissioned the service for violent patients

Other available agencies that you can contact

NHS Direct

Tel 08454647

www.nhsdirect.nhs.co.uk

Exeter Walk in centre

31 Sidwell Street, Exeter

Tel 276892

Exeter Walk in Centre, Royal Devon & Exeter

Hospital in The A & E department

Tel 406300

REPEAT PRESCRIPTIONS You can order prescriptions for medicines that you take regularly if your doctor has given you a printed repeat prescription slip. To order your medicines - hand in or post your prescription request slip to the surgery. Allow 2 working days before you need to collect your prescription. If you want your prescription to be posted, please send a stamped addressed envelope with your prescription request slip. You can also order online. Please ask at reception for details.

To avoid errors, we do not take prescription requests by telephone.

Pharmacy arrangements for repeat prescriptions

Whipton pharmacy will collect prescriptions from our branch surgery - leave your request form with us, then collect your medicine from Whipton pharmacy.

Superdrug, Lloyds & Boots pharmacies collect prescriptions from our main surgery and will deliver medicines within Exeter if necessary

RESULTS Please telephone after 2.00pm for results.

Tel 211266

ASSISTANT DOCTOR Dr Nicola Scott MB ChB MRCPG DRCOG (joined us in September 2011) and Dr Amye Farrell MBBS MRCPG DFRH DRCOG (joined us in January 2009) Both are general practitioners working as assistant GP's with us. They both have four regular surgeries each week

TO SEE YOUR MIDWIFE We have a midwife attached to our practice who is involved with all women during pregnancy. She will help you to plan your care during pregnancy and labour. After your baby is born she will visit regularly at home for the first 10 days.

Tel (Surgery)211266 (Hospital)406686

Opening Times

Southernhay House Monday to Friday 08.30 -18.00.

Whipton Branch Surgery Monday 08.30-16.30, Tuesday 08.30-18.00, Thursday & Friday 08.30 -16.30, Wednesday 08.30 -17.00,

Both sites are closed at weekends

We also have late appointments from 6.30-7.30pm between Monday-Thursday specifically for patients that are unable to attend during the day. We ask that these are not used by patients that are able to attend during our usual clinic times.

To see the Practice Nurses

Tel 211266

Louise Broom, Practice Nurse, leads the nursing services.

- Immunisations for children and adults
- Contraceptive advice and cervical smear tests
- Advice about diet, smoking, alcohol and exercise
- Checks for people with asthma, diabetes, high blood pressure, heart or chest problems
- Dressings, swabs, ear syringing, stitch removal
- Foreign travel advice

We also have 2 Phlebotomists who can do blood tests.

TO SEE YOUR COMMUNITY NURSE When a patient is housebound or too ill to come to the surgery; the community nurses may visit the patient at home. Visits are usually arranged by your doctor or sometimes by the hospital. You can contact a nurse by leaving a message on the answer phone

Tel 429122

TO SEE YOUR PHYSIOTHERAPIST Your doctor can arrange for you to see a physiotherapist

PRACTICE MANAGER, Cindy Flatt, is responsible for the smooth running of the practice. We welcome your comments and suggestions of the way in which we work.

Cindy Flatt is also the person to contact if you have a complaint in the first instance.

Tel 211266

If however you feel your complaint has not been resolved satisfactorily or would like support in raising issues you can contact NHS England on 0300 311 22 33.

NHS England Tel 0300 311 22 33

RECEPTIONISTS AND SECRETARIES will always try to help you in person or on the telephone. Please try to help by giving them as much information as you can.

We are a practice linked with the Peninsula Medical School and medical students can be involved in routine surgeries

Southernhay House is a research practice. The research we undertake is approved by an NHS Research Ethics Committee. There is no obligation for patients to participate and will not affect your care in any way.